



## **Charnwood Challenge 2021 – FINAL DETAILS**

Thank you for entering this year's Charnwood Challenge, organised by Nanpantan Scout Group. To help you plan your day, here are some updates/reminders of the information provided on the event website.

### **Covid Code of Conduct**

**Please read the Covid guidance below to help keep yourself and other competitors safe.**

#### **Before you come...**

Competitors and supporters must not attend the event if they have any Covid symptoms, or if anyone they live with / are in close contact with has tested positive or has symptoms and is self-isolating, and they are advised to take a lateral flow test before attending.

#### **At the Scout hut / grounds...**

Competitors are advised to bring their own hand sanitiser and are kindly asked if possible to wear a face covering when inside the building.

There is a QR code for Track and Trace outside of the Scout Hut.

Please follow the signs around the hut and grounds, to keep everyone spaced out. If there are queues for the toilets, refreshments, registration etc., please keep socially distanced.

#### **During the run / walk ...**

As this is a small event, we are not operating 'wave/staggered' starts. Please spread out all around the starting area, to avoid congestion. Only go to the front if you consider yourself a faster runner!!!!

Please avoid running 'on the shoulder' of a fellow competitor and be courteous and give members of the public lots of space when you go past.

There will be a water station on the approach to Broombriggs carpark – please pick up your own cup though to avoid the Marshals needing to hand these out.

#### **At the finish!**

There will be some refreshments available at the end – if you stay to enjoy these, please spread out around the Scout Hut grounds.

We will do a small prize ceremony shortly after all the winners are over the line, this is to avoid a big gathering.

## **Other Information**

### **Event HQ**

Most activities at the Scout HQ will be outside to help keep everyone safe, so please be prepared if the weather isn't ideal as there will be limited shelter available (although we do have some provision for inside space if the forecast is very bad!)

### **Registration**

Registration will open at 8:30 for collection of race numbers and any last minute queries.

Please pin your number to your front and make sure it can be clearly seen by the marshals.

Any Junior Walkers (under 16) must remain with their parent/guardian for the duration of the event.

Note that there may be photographs taken by the marshals or members of the scout group during the event which may be used for future publicity of the event. If you do not wish your photograph to be used for this purpose then please make this known at Registration so your race number can be noted.

### **Start Times**

The start times for the event are as follows:

9:00 Walkers

10:00 Runners

Both will be a mass start, with a short briefing 5 minutes beforehand.

### **Route**

The route is as per previous years (details on the website) with only minor changes coming into the Beacon Hill Upper carpark due to the new fence which has been installed.

### **Dogs**

Sorry, but as the route passes through several fields where livestock may be present, including private land, unfortunately dogs are not permitted to accompany runners or walkers competing in the event.

### **Water**

There will be a water station just over halfway round the course (at approximately 5.5 miles / 9 km) on the approach to the Broombriggs carpark. If you think you may need more than what is provided at this stop then we suggest you carry a bottle or similar for the event.

Water will also be available at the finish. Although this will be using disposable cups, if you are able to bring your own reusable water bottle then we will happily refill it for you.

### **Refreshments**

Refreshments will be available to purchase at the Scout HQ, including tea, coffee, soft drinks, cakes, and a selection of other snacks.

### **Changing and Toilets**

Toilets will be provided at the event HQ, however no separate changing facilities are available.

During the event itself, please note that there are public toilets at several points close to the route (i.e. top or bottom of Beacon Hill, Woodhouse Eaves village), although a short detour may be needed – please ask a marshal for directions if necessary.

### **Bag Storage**

Secure bag storage will be situated in the Scout HQ, manned by members of the scout group. You will need to show your race number to pick up your bag after the race.

### **Prizes**

Prizes will be awarded in categories to include:

Runners – 1<sup>st</sup> man, 1<sup>st</sup> lady, 2<sup>nd</sup> man, 2<sup>nd</sup> lady, 3<sup>rd</sup> man, 3<sup>rd</sup> lady

Walkers – 1<sup>st</sup> man, 1<sup>st</sup> lady

(Please be aware that any walkers observed running, or admitting to (!), will be reclassified.)

### **Parking**

As the road past the scout hut can be fairly busy there is the option to park at the nearby Nanpantan sports ground off Watermead Lane (LE11 3TN). However, please be aware that this is a public carpark shared with several sports groups, and there may not be much free space, so please park considerately.

Please car share if driving to the event, where possible.

If you do park on local streets to attend the event, then please make sure not to create a traffic hazard, or to block the access for any local residents. There will be no parking for competitors on the road immediately outside the scout HQ for safety reasons and to ensure access is clear for race organisers and first aid etc.

### **First Aid and Emergencies**

For any first aid or other emergencies experienced while at the scout HQ, please inform a marshal. First aid cover on the course and at the event HQ will be provided by experienced first aiders.

As sections of the route are rural, rough underfoot, and remote from the road, in the event of an accident or a runner becoming unwell please stop to provide assistance if necessary, and ensure that a marshal located at one of the road crossings is informed of the situation as soon as possible.

In the unfortunate situation that you are unable to finish the event and need to retire, please make your way to the nearest road crossing, and inform the marshal located there, who will be able to provide assistance. We also ask that you report to the finish before you leave the event.

**All in all, stay safe, challenge yourself and have fun!**

**The Charnwood Challenge Team**